## We invite you to participate in Plastic-Free Lunch at Sunita Williams!

When: Thursday, April 13<sup>th</sup> – breakfast and lunch

Who: All Sunita Williams students, faculty, and staff

Where: Sunita Williams cafeteria

What: Please leave the plastic at home! In partnership with Mr.

Goneconto and Ms. Gunning's 4<sup>th</sup> grade classes, and NPS Nutrition Staff, we are encouraging students to limit the single-use plastics they are using at lunch. Here are some of the changes that will be made in the cafeteria, or that you can make at home:

We usually have	Instead, try these plastic-free alternatives
Plastic utensils	Bring reusable silverware from home
Plastic water bottles	Bring a reusable water bottle from home
Fruit and veggies wrapped in	Fruits and vegetables with no plastic
plastic bags	wrappings
Plastic wrap or a plastic	Use cloth or a reusable container from
sandwich bag	home
Salad served in plastic	Salad served in paper container
clamshell	
Single-use condiments	Ketchup pump dispenser

We will be weighing the number of plastic utensils we use on April 12<sup>th</sup> and comparing it to the number of utensils we use on our Plastic-Free day, April 13th. We need everyone to participate to make this a success!

Don't worry - If students forget to bring utensils from home that day, we will have some available. Questions? Contact Mr. G or Kathy from Green Needham (kathrynraiz@gmail.com)

