WATER-WISE LANDSCAPING (XERISCAPING) IN NEEDHAM

In Needham we can generally expect adequate moisture most of the year, but there are some environments in which plants will be more vulnerable to periodic dry conditions, especially during the summer. These environments include full sun, especially south and west exposures; windy, open locations; slopes, where water drains off quickly; where paving reduces water penetration into the soil; and where the soil is relatively sandy (adding compost improves the water holding ability of fast-draining, sandy soils).

For the first 1-3 years, <u>newly planted</u> plants need extra water. This can be especially true of drought-tolerant plants which may have deep root systems that can be damaged when they are dug up or planted. For instance, for the first two to three weeks water a new tree or shrub slowly so that water penetrates about 6-12 inches deep every few days, depending on the weather. Then water <u>deeply</u> during dry periods (less than one inch of rainfall during a week) for the first 1-3 years. Mulching - no more than about 2 inches (less for perennials) of mulch that does not touch the stems - helps keep the soil moist.

Plants have evolved many mechanisms to prevent water loss, which occurs mostly through the leaves. They may have deep tap roots; have grey/silvery leaves, indicating a thick waxy coating covering the surface – think of lavendar and some other herbs; have hairy, waxy, thick, small or narrow leaves to reduce water evaporation; go dormant in the summer like spring bulbs and many native spring wildflowers; or store water in their fleshy roots like daylilies. Some plants, such as crabgrass and succulents like sedums, even have a form of photosynthesis in which the chemical reactions require less water.

What follows is a selection of ornamental, noninvasive, drought-tolerant plants for our area that can be planted in the potentially dryer environments described in the first paragraph above. The common name is followed in parentheses by the more precise, scientific name (two parts, genus & species, but genus alone may be given). Plants marked with an asterisk (*) are native to the U.S..

TREES

Green Ash (Fraxinus pennsylvanica)* Arborvitae (Thuja occidentalis)* Crabapple (Malus, with disease resistance)* Chinese/Lacebark Elm (Ulmus parvifolia) Sawara Falsecypress (Chaemycyparis sawara) White Fir (Abies concolor)* Ginkgo (Ginkgo biloba) Goldenraintree (Koelreuteria paniculata) Washington Hawthorn (Crataegus phaenopyrum)* Green Hawthorn (Crataegus viridis 'Winter Thornless Honeysuckle (Gleditsia triancanthos var. inermis)* American Hornbeam (Carpinus caroliniana)*

European Hornbeam (Carpinus betula 'Fastigiata') Japanese Tree Lilac (Syringa reticulata) London Plane Tree (Platanus x acerifolia Littleleaf Linden (Tilia cordata) Silver Linden (Tilia tomentosa) Red (Swamp) Maple (Acer rubrum)* Pin Oak (Quercus palustris)* Red Oak (Quercus rubra)* White Oak (Quercus alba)* European white oak (Quercus robur 'Fastigiata') Callery Pear (Pyrus calleryana cultivars) Native Pines (Pinus strobus, etc.)* Japanese White Pine (Pinus parviflora) American Yellowwood (Cladrastis lutea)* Parrotia (Parrotia persica)

SHRUBS

Bayberry (Myrica pennsylvanica)*
Bluebeard (Caryopteris X clandonensis)
Lowbush Blueberry (Vaccinium
angustifolium)*
Bottlebrush Buckeye (Aesculus parviflora)*
Inkberry (Ilex glabra)*
Dwarf Junipers (Juniperus species, some*)
English Lavendar (Lavendula augustifolia)
Dwarf Korean Lilac (Syringa meyeri
'Palibin')
Mockorange (Philadelphus cultivars)

Mountain Laurel (Kalmia latifolia)*

Dwarf Pines (Pinus species, some*)
Potentilla (Potentilla fruticosa cultivars)*
Rugosa Rose (Rosa rugosa cultivars)
St. Johnswort (Hypericum kalmianum & H. prolificum)*
Siberian Carpet Cypress (Microbiota decussata)
Smoke Bush (Cotinus coggygria)
Virginia Sweetspire (Itea virginica)*
Viburnum (Viburnum plicatum var. tomentosum cultivars, V. trilobum,*
V.dentatum,* V. sieboldii)

PERENNIALS

Adam's Needle (Yucca)* Aster (Aster spectabilis, A. laevis, etc.)* Balloon Flower (Platycodon grandiflora) Basket-of-Gold (Aurina/Alyssum saxatile 'Compactum"' Beardtongue (Penstemon digitalis)* Black-eyed Susan (Rudbeckia fulgida)* Blazing Star (Liatris species)* Blue False Indigo (Baptisia australis)* Spring Bulbs: species tulips (Tulipa greigii & T. kaufmanniana, etc.,) & hybrids; Crocus species (Crocus chrysanthus & C. tommasinianus) & Dutch hybrids; grape hyacinths (Muscari species); Daffodils, narcissus, jonquils (Narcissus species); Siberian Squill (Scilla siberica) Butterflyweed (Asclepias tuberosa)* Carnation/Pink (Dianthus species) Catmint (Nepeta x faassenii cultivars) Coneflower (Echinacea purpurea & cultivars)* Cranesbill (Geranium sanguineum & Day Lily (Hemerocallis cultivars) Evening Primrose (Oenothera missouriensis)* Clump-forming Ornamental Grasses (Andropogon*, Festuca, Panicum virgatum*, Sporobolus heterolepsis*)

Goldenrod (Solidago rugosa cultivars)* Hens-and-Chickens (Sempervivum species) Herbs (Artemesia species; Chives & Garlic chives-Allium species); Winter Savory-Satureia montana; Caraway & Lemon Thymes; Feverfew–Tanacetum parthenium Lamb's-ear (Stachys lanata) True Lilies (some Lilium species) Moss Pink (Phlox subulata cultivars)* Ornamental Onions (Allium species) Peony (Paeonia lactiflora cultivars) Poppy (Papaver species) Rock Cress (Arabis) Rose Campion (Lychnis coronaria) Russian Sage (Perovskia atriplicifolia) Salvia hybrids (Salvia x sylvestris 'May Night', S. x superba 'East Friesland') Snow-in-Summer (Cerastium tomentosum) Star Flower (Amsonia species)* Stonecrop/Sedum (Sedum spectabile and other species) Tickseed (Coreopsis verticillata)* Barren Strawberry (Waldensteinia fragaroides)* Yarrow (Achillea millefolium hybrids)*

DRY SHADE UNDER DECIDUOUS TREES: Spring bulbs and native, spring wildflowers (e.g. Bloodrooot, Trillium, Virginia Bluebells, Dutchman's Breeches)* that go dormant in summer; Plantainlily (Hosta); Christmas Fern* & New York Fern*; False Lily-of-the-Valley*; Periwinkle/Myrtle (Vinca minor), Variegated Solomon's Seal*; Wintergreen*; Geranium macrorrhizum; Viola labradorica*

SOME ANNUALS THAT TOLERATE DRY SOIL AND USUALLY SELF-SOW: sunflowers, Cosmos, Cleome, poppies, Portulaca, and Allysum © Sharon Soltzberg, 2007